

## **MyHealthe Vet Instructions for Veterans**

It is recommended that you sign up for “My Healthy Vet” which is a website that offers Vets anytime access to VA health care information and service. It is a free online personal health record that empowers Veterans to become informed partners in their health care with tools to help develop good health habits and to enhance communication with their health care team.

### **Some of the benefits My Healthy Vet registered users can:**

- \* Store and organize important health information
- \* Download key portions of their VA record
- \* Refill your VA prescriptions online
- \* View your VA prescription history
- \* Use secure messaging to communicate with your VA health team

### **How to Register for My HealtheVet:**

1. Go to [www.myhealth.va.gov](http://www.myhealth.va.gov)
2. Select the **Register Today!** Button
3. On the registration page, enter your profile information. The following are required: your full name, Social Security Number, gender and date of birth.
4. Under the **Relationship to VA** section, if you use the VA Healthcare System, select **Va Patient**. You may also select Veteran or any other relationship you have with VA.
5. Enter your primary mailing address and contact information.
6. In the Account Information section:
  - \*Create a User ID
  - \*Create a Password
  - \*Select your password hint questions and enter responses
7. Read and accept the **Terms and Conditions and Privacy Policy**.
8. Select **Save** to process your form.

To have the highest access to My HealtheVet, **Premium Account** you need to complete Authentication. In this process the VA verifies your identity as a Veteran/patient before allowing you access to your health record via My HealtheVet. Here at the RMR VAMC that may be done by verifying with MSA at Your Firm’s Front Desk

### **ONCE YOU ARE REGISTERED, SEARCH THE FOLLOWING CLINIC NAMES OR PROVIDERS TO SUBMIT NVCAF APPS AND ENTRIES:**

- **ECHCS-RECREATION THERAPY!**
- **RMR-REC-THER-CREAT-ARTS**
- **SARAH EL HAGE**
- **ALLISON ROBBINS**

**For additional assistance and/or if you don’t see your providers on your list contact MyHealtheVet Office at 720-723-6279 or Larry Wilson (719) 428-9215**