

## PACT Social Workers are a good point of contact when:

- Veterans have questions about their VA benefits and other resources available to them
- Veterans are in need of additional in-home help and supports
- Veterans are interested in learning more about mental health services
- Veterans are in need of community resources for food, housing, transportation or financial assistance
- Veterans are interested in discussing what their future looks like as they age
- A Veteran's caregiver is in need of support
- When Veterans are in need of education and assistance in completing an Advance Directive

## PACT Social Workers:

- Reach out proactively to high-risk Veterans on panels, including those who are over age 65, have chronic illness and multiple medical conditions, live alone, have recent life events such as job loss or death of a loved one, have substance use disorder or a mental health disorder
- Provide comprehensive assessment, treatment planning, and intervention for social determinants of health impacting the Veteran
- Coordinate multiple appointments, facilitate access to care, and support discharge planning
- Evaluate psychological status, including suicidal and homicidal safety, and intimate partner violence (IPV)
- Assist in psychosocial aspects of pain relief, coping, and chronic disease self-management
- Assist Veterans in understanding caregiver stressors and provide caregiver specific referrals
- Facilitate and participate in goals of care conversations and advance care planning through completion of Advance Directives and Living Wills

# VA PACT SOCIAL WORKERS

## What is PACT?

**A Patient Aligned Care Team (PACT) involves each Veteran working together with health care professionals to plan for the whole-person care and life-long health and wellness.**

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**Social Work Service Line:**  
**720-723-3018**