



# Colorado Chapter

## UPCOMING EVENTS: VA/Community Statewide Mental Health Summit

Wednesday, October 7, 2020  
9:00AM-3:30PM

Flier and registration details below!

Please join us for the 2020 MH Colorado VA/Community MH Summit, a virtual event and collaborative effort from the Eastern VA HCS, the Western Colorado VA HCS, and the Cheyenne HCS.

It is quickly approaching on 10/7/20 so we welcome you to join us for a part of the event, or the event in its entirety. **Please see the flier below for complete details/registration links, and share widely with interested parties.**

### Resources

Please check out our Colorado VCP website where we post recent recordings of events and networking calls. Links for more information and resource guides for Mental Health, Suicide Prevention, Caregivers and more can also be found!

[https://www.denver.va.gov/grecc/vcp\\_co/](https://www.denver.va.gov/grecc/vcp_co/)

### Online Resource Sharing

Colorado VCP is interested in any free online resources for veterans who are staying home and are feeling increased social isolation due to the pandemic. We are looking to disseminate free, online resources by non-profit organizations that serve military, family, and veterans. Please send information to VCP Co-Chair, Courtney Bauers at [courtney.bauers@va.gov](mailto:courtney.bauers@va.gov)



### Upcoming Events

#### October

**Joining Community Forces Quarterly Meeting**  
Wednesday, October 21st  
9:00AM-12:00PM  
Holiday Inn Express, Castle Rock with virtual zoom option  
Meeting ID: 720 250 1186  
Meeting Passcode: 530527

Please contact Suzanne Buemi  
for more information: [suzanne.m.buemi.civ@mail.mil](mailto:suzanne.m.buemi.civ@mail.mil)

#### November

**VCP Networking Call**  
Topic: Family Caregivers  
Thursday, November 5th  
12PM-1PM  
Go To Meeting link will be provided

VCP VA Co-Chair Courtney Bauers & VCP Community Co-Chair  
Heather Kamper  
Email: [Courtney.Bauers@va.gov](mailto:Courtney.Bauers@va.gov)  
[HKamper@dcog.org](mailto:HKamper@dcog.org)  
[https://www.denver.va.gov/grecc/vcp\\_co/](https://www.denver.va.gov/grecc/vcp_co/)



VETERAN COMMUNITY PARTNERSHIPS

Please join us for the **2020 Virtual Colorado VA Community MH Super Summit**, a collaborative project from the Eastern Colorado Healthcare System, the Cheyenne VA Healthcare System, and the Western Colorado Healthcare System.

**Featuring** live panel discussions from subject-matter experts from the Community, VA, and VHA.

**TOPICS INCLUDE:**  
Suicide Prevention: State and Local approaches, Resources to Promote Whole Health during COVID-19, Community and VA Telemental Health Resources for Veterans, VA MH Phone Applications, Staying Connected during COVID-19, and Community Response to the Coronavirus

**WHEN:**  
Wednesday October 7, 2020 from 0900 – 1530 MT

**REGISTER NOW:**

**VA Employees**  
Click here to register  
(TMS ID: 42634)

**Non-VA Employees**  
Click here to register

**Questions?**

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This course is jointly offered by VISN 19, District 4 and the Veterans Health Administration Employee Education System. You received this announcement because of your likely interest in the content of the specific offering.

The Veterans Health Administration Employee Education System partners with clients in VHA's program offices, Veterans Integrated Service Networks and facilities to provide quality workforce education and training that facilitates excellence in health care for our nation's Veterans. To learn more about EES and its programs, products and services, visit [myees.lrn.va.gov](http://myees.lrn.va.gov) (VA intranet) or email the EES Customer Service Center at [EESCSC@va.gov](mailto:EESCSC@va.gov).

### Registration Closes October 9th

**VA** U.S. Department of Veterans Affairs  
Veterans Health Administration  
Eastern Colorado Health Care System

## Specialty Photography Class

Veterans will have an opportunity to learn new skills and share their stories through photography!

This course is open to all Veterans managing health issues, stress, and/or in recovery during Covid-19.

**Task Force: ISO**, a local Veteran-run nonprofit, has partnered with a VA team to teach Veterans photography skills and bring their stories to life!

**Next four-week course begins**  
October 24th

Photo Class	Evaluation	Final Product
-No Cost! -Cameras loaned for use during course if needed -Classes held online (participants must be able to utilize Zoom)	-Eligibility: Recovering from or managing a health condition - Verbal storytelling component: 2 interviews/ 1 focus group	-Art exhibits of your photography -Prints of your photographs -Build skills and connection to Task Force: ISO team

**For more information reach our team at:**

**720-498-0523**  
[VHAECHPhotovoiceProjectTeam@va.gov](mailto:VHAECHPhotovoiceProjectTeam@va.gov)

Apply online at <https://bit.ly/TFISOForm>

**CENTER OF INNOVATION**  
FOR VETERANS CENTERED & MILITARY COMMUNITY CARE

**TASK FORCE: ISO**  
IMAGING | SUPPORT | OUTREACH

Please consider registering/tuning in and sharing within your networks about this upcoming live event on CPR about Veteran mental health and recovery, featuring a former VA Eastern CO HCS Peer Specialist.

Thursday, October 8  
6:30 PM – 8:00 PM

<https://www.cpr.org/event/soldiering-on-a-back-from-broken-live-podcast-event/>

## BACK FROM BROKEN

### SOLDIERING ON: A MILITARY MAN'S ADDICTION AND MENTAL HEALTH RECOVERY JOURNEY

Sponsored by University of Colorado Anschutz Medical Campus

The University of Denver's Graduate School of Professional Psychology's Military Psychology program in collaboration with the VA MIRECC team will be offering monthly, free 1 hour webinars on a variety of important topics related to veteran and military mental health including: safety assessment through telehealth, moral injury, suicide prevention/risk assessment, lethal means safety, evidence-based treatment, and veteran/military families. We have brought together some amazing speakers who are experts in these topic areas.

There will be an option to receive APA CE's for purchase.

The first webinar is on **Friday, Sept 25th from noon-1pm Mountain time.**

Please register at the link provided and feel free to disseminate this link widely to other colleagues!

<https://rsvp.du.edu/event/9cb406e4-600e-4f1f-8638-5abc818e3cdb/summary?rp=00000000-0000-0000-0000-000000000000>

## Military Cultural Competency Training:

### An Equine Experience

- > Are you a healthcare professional or part of an organization that works with Service members, Veterans, or their families, or would like to?
- > Do you want to better understand the strengths and vulnerabilities of this diverse community, and how working with horses can provide a deeper understanding of the dynamics of military culture?
- > Are you concerned about managing risk in this community?

#### Learn from industry experts about topics such as:

- o Basic Military culture
- o Warrior Ethos, Moral Injury, Transition Stress, Posttraumatic Growth (PTG)
- o Equine exercises to reinforce actionable items
- o Local and National resources
- o ...and additional topics relevant to the Military and Veteran family community.

This is a 4-week hybrid training:

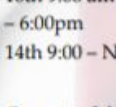
- > Online: Friday, Oct. 2nd 4:00pm – 6:00pm
- > In-person @ CES: Saturday, Oct. 10th 9:00 am - Noon
- > Online: Friday, Oct 16th 4:00pm – 6:00pm
- > In-person @ CES: Saturday, Oct. 14th 9:00 – Noon
- > More details upon registration.

\$499/person

Located in Parker, CO



**YOUR WEAPON IS YOUR MIND, LLC**



REGISTRATION & QUESTIONS:  
MICHELLE KAYE (720) 588-3035  
[MICHELLE@OPERATIONEQUINE.ORG](mailto:MICHELLE@OPERATIONEQUINE.ORG)

